POP3 Configuration for Gmail

Configuração POP3 para

Below are screenshots of the GMail POP3 client setup procedure for ISR email, for a better illustration of the process.

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In point 5, enter your ISR email address.

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In point 7, enter the password associated with your ISR account.
In point 8, enter pop3.isr.uc.pt and make sure that port 995 is selected in point 9.

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At this time, Gmail will get email from your ISR account at regular intervals.

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